



# HOW TO APPLY TO THE ILF SCOTLAND TRANSITION FUND

## What is the ILF Scotland Transition Fund?

The ILF Scotland Transition Fund can help you try new activities and experiences and spend time with other people in your community.

## Who can apply?

If you are aged 16-25, have a disability and live in Scotland, then you can apply. For the full terms and conditions visit [ilf.scot/transition-fund](https://ilf.scot/transition-fund).

## What do I need to apply?

Your National Insurance Number and your DLA, PIP, ADP or CDP benefits letter. If you do not receive these benefits, please download the support template from our website, and ask someone who can confirm your disability to complete it e.g. teacher, social worker, GP.

## What should I include in my application?

Tell us about yourself, how your disability affects you and how you would use funding to help you achieve your goals.

## How long until I receive my funding?

We aim to process applications within 12 weeks once we have all the information we need. We will contact you within that time if we need any more information from you.

## How to apply

To apply visit  
[ilf.scot/transition-fund](https://ilf.scot/transition-fund)



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## Contact us

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